

The Michigan Coach

THE OFFICIAL PUBLICATION OF THE MICHIGAN HIGH SCHOOL COACHES ASSOCIATION

MICHIGAN HIGH SCHOOL COACHES ASSOCIATION
854 Marshall Street, Portland 48875

The Rich Tompkins Multi-Sport Athletic Award 2023-24 STATE WINNERS

The Michigan High School Coaches Association (MHSCA), the professional organization of high school coaches and athletic directors, is announcing eight Senior Athletes from around the state as the MHSCA's Rich Tompkins Multi-Sport Athlete Award winners.

The Rich Tompkins Multi-Sport Athletic Award provides an opportunity to recognize student athletes who have excelled in a variety of athletic, academic, school and community endeavors. Only student athletes who participated in a minimum of three seasons of interscholastic athletics in each of four years are considered for the award can be nominated by their school administration.

Award winners are determined by earning the most points as established through a rubric which includes athletic accomplishments, athletic leadership, school involvement, academic achievements, as well as, community involvement.

In 2024 there were 110 nominees for the award. All nominees will receive a certificate recognizing their accomplishments. The eight winners representing a boy and a girl from each class receive a plaque.

The 2023-24 student-athletes that were selected as the State winners for the Rich Tompkins MHSCA Multi-Sport Athlete Award were:

Jordan Wickham Saline High School Class A Girls

Peyton Widen Saline High School Class A Boys

Emma Steele Vicksburg High School Class B Girls

Ethan Layton Dundee High School Class B Boys

Paige Austin Homer Area High School Class C Girls

Bennett Vandenberg Constantine High School Class C Boys

Leah Rorick Morenci High School Class D Girls

Fletcher Anderson Frankfort High School Class D Boys



Rich Tompkins

MHSCA Executive Director 2002-2015

THANK YOU: Chair Larry Merx, and committee Mark Holdren, Debbie Williams-Hoak, and Darrin Miller

Since the implementation of the Rich Tompkins Multi-Sport Athletic Award in 2015, we have received robust feedback on the impact of the program.



mhsca

Founded: August 15, 1955

EXECUTIVE BOARD

Executive Director
James M. Okler,

Email: MHSCA1954@gmail.com

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Email: mholdren.11@gmail.com

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MEMBER ASSOCIATIONS

MIAAA: Athletic Directors

MHSBCA: Baseball

BCAM: Basketball

MHSBCA: Bowling

CCCAM: Competitive Cheer

MHSFCA: Football

MIGCA: Golf

MHSGCJA: Gymnastics

MHSHCA: Men's Ice Hockey

MHSLCA: Men's Lacrosse

MHSSCA: Skiing

MHSSCA: Softball

MISCA: Swimming & Diving

MHSTeCA: Tennis

MITCA: Track & Field & Cross Country

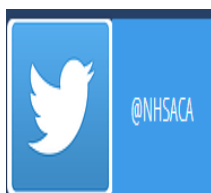
MIVCA: Volleyball

MWA: Wrestling

CONTACT INFORMATION

WEBSITE: mhsca.org

PHONE: 517-526-4575



MEMBER ASSOCIATIONS

- MIAAA: Athletic Directors
- MHSBCA: Baseball
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- MHSFCA: Football
- MIGCA: Golf
- MHSGCJA: Gymnastics
- MHSHCA: Hockey
- MHSLCA: Men's Lacrosse
- MHSCA: Women's Lacrosse
- MHSSCA: Skiing
- MISCA: Swimming and Diving
- MHSTeCA: Tennis
- MITCA: Track & Field and Cross Country
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MHSCA COACHING RECOGNITIONS

- MHSCA STATE COACH OF THE YEAR
- MHSCA HALL OF FAME
- MHSCA COACH OF THE YEAR
- NHS COACH OF THE YEAR
- MHSCA ATHLETE RECOGNITION
- RICH TOMPKINS MULTI SPORT ATHLETE
- NOCAD INSURANCE PROGRAM

EST. 1955



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Cell: 734-223-8490

854 Marshall Street, Portland, MI 48875
E-mail: mhsca1954@gmail.com

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Cell: 517-526-4575

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Rich Tompkins Multi-Sport Athlete Award

Larry Merx

Service Award

Steve Porter

Constitution

Kim Spalsbury

Finance

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MHSIBCA: Bowling

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MHSLCA: Men's Lacrosse

MHSSCA: Skiing

MHSSCA: Softball

MISCA: Swimming & Diving

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MITCA: Track & Field &

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Emma Steele Vicksburg High School Class B Girls Scholarship Recipient



The Rich Tompkins Multi-Sport Athletic Award 2023-24 State Finalists

Class A Female School Name			
Gaylord	Addison	Wangler	
Gull Lake	Kendall	Wank	
Livonia Franklin	Emerson	Nordbeck	
Orchard Lake St. Mary's	Macy	Ward	
Owosso	Alexis	Hemker	

Class A Male School Name			
Allen Park	Camden	Johnson	
Brighton	Alexander	Oginsky	
Fenton	Chris	Piowarczyk	
Flushing	Andrew	Tunncliff	
Forest Hills Northern	TJ (Troy)	Silvermale	
Gibraltar Carlson	Jackson	Zachary	
Grand Blanc	Daniel	Steele	
Kettering	Dylan	Scott	
Livonia Franklin	Gino	DiPonio	
Mason	Tyler	Baker	
Novi	Thaddeus	Lawler	
Owosso	Peyton	Dwyer	
Sturgis	Gibson	Cary	
Troy High	Drew	Oliver	



Ethan Layton Dundee High School Class B Boys Scholarship Recipient

Class B Female School Name		
Belding	Hope	Kanouse
Berrien Springs	Suzy	Markle
Big Rapids	Marissa	Warren
Croswell-Lexington	Isabella	Edwards
Escanaba	Mara	Liss
Fremont	Amelia	Foster
Hamilton	Bethany	Behnke
Hillsdale	Amelia	Dietz
Imlay City	Lexa	Forti
Ludington	Emma	Mckinley
Marysville	Avery	Wolters
Milan	Mariah	Stines
Notre Dame Prep	Emily	Szalach
Ogemaw Heights	Alivia	Whisman
Regina	Sabrina	Kiryakoza
Swan Valley	Mackenzie	Morgan

Class B Male School Name		
Adrian	Sean	Parker
Big Rapids	Riley	Vennix
Clare	Miles	Haggart
Comstock Park	Easton	Hood
Escanaba	Bon	LaChance
Forest Hills Eastern	Drew	Patten
Fremont	Killian	Prewitt
Imlay City	Conner	Wildie
Kelloggsville	Diego	Sanchez Nunez
Ludington	Robert	Killiips
Muskegon Oakridge	Brayden	Cunningham
Ogemaw Heights	Karter	Schmitt
Onsted	Quinn	Hiram
Pinckney	Eli	Smith
Swan Valley	Joseph	Mller
Tecumseh	Max	Bledsoe
Vicksburg	Brayden	Odell
Wayland Union	Peyton	Moore





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 Class C Girl Scholarship Recipient



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 Class D Girl Scholarship Recipient



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MHSSCA: Softball

MISCA: Swimming & Diving

MHSTeCA: Tennis

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Class C Female School Name

Bad Axe	Sarah	Howard
Bronson	Brealyn	Lasky
Clinton High School	Kyleigh	Ramos
Jonesville	Gracen	Hager
Kent City	Sylvia	Freeland
Kimball Landmark Academy	Olivia	Askew
LakeVille Memorial	Larissa	Gibson
Maple City Glen Lake	Eleanor	Valkner
Mason County Central	Wren	Nelson
Napoleon	Maggie	Beer
New Lothrop	Marissa	Rombach
St. Charles	Emily	Zelinko
Unionville-Sebewaing (USA)	Gabriella	Crumm
Whitmore Lake	Natalie	Meadows

Class C Male School Name

Bad Axe	Logan	Miles
Bath	Cole	Chamberlain
Bronson	Carson	Norton
Cass City	Carter	Patrick
Clinton	Lucas	Goodman
Jonesville	Gavin	Van Kampen
Kent City	Carson	Gorton
LakeVille Memorial	Caden	Lee
Maple City Glen Lake	Tyler	Bixby
Napoleon	Kyler	Pequet
St. Charles	Braden	Bila
Unionville-Sebewaing (USA)	Brady	Wiederhold
Watervliet	Wyatt	Epple

Class D Female School Name

Athens	Kamryn	Parlin
Brethren	Paige	Gutowski
Britton Deerfield	Alayna	Salenbien
Caseville	Audrey	Hopkins
Crossroads Charter Academy	Kaitlin	Buys
Dryden	Lily	Finnigan
Forest Park	Lauren	Kudwa
Frankfort	Evelyn	Van tol
Leland	Mallory	Lowe
Lenawee Christian	Selah	Clymer
Marcellus	Clare	Flory
Pickford	Ava	Nettleton
Rudyard	Klaire	Kwiatkowski

Class D Male School Name

Brethren	Connor	Wojciechowski
Britton Deerfield	Carson	Johnson
Caseville	Nathan	Feltnar
Dansville	Calvin	vanHartesvelt
Gobles	Tony	Lisowski
Hillsdale Academy	Dominic	Scharer
LaSalle	Ethan	McLean
Marcellus	Nate	Mihills
Rapid River	Blake	Lundquist
Rudyard	Cameron	Peterson
St. Patrick	Devin	Cook
Sterling Heights Parkway Christian	Luke	Wolgast





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MIVCA is extremely excited that on May 9, the Representative Council of the Michigan High School Athletic Association approved the addition of boys' volleyball as an MHSAA sponsored tournament sport beginning in 2025-26. Many boys' coaches have joined MIVCA over the past few years (some coach both teams), and they have modeled many of the things the girls' side has done for many years now.

The 2024-25 school year will serve as a development period as the MHSAA works with the current governing organization of boys' volleyball. In 2018 Allendale, Grand Rapids Christian, South Haven, and Kalamazoo Christian formed the West Michigan Boys Volleyball Conference. Grand Haven won the first ever Conference Championship. The number of teams has grown each year across the state and in 2024 there were 69 teams playing in 11 conferences. This spring the leadership team petitioned the MHSAA to become a sponsored sport. Jason Heerema, Aaron Smaka and

Brad Poel have been instrumental in this effort.

Schools registered in February and leagues were formed. They began play in March and held their District Championships May 13-17. There were 35 Division 1 teams playing in 8 Districts, and 33 Division 2 teams in 8 Districts. District winners advanced to the two Elite Eight Tournaments May 21-22. The Semi-finals and Finals in each division will be played May 29-31, and Champions in each division will be crowned. Hudsonville and Lowell are the reigning State Champions. Teams played a mix of duels, tris, quads, and tournaments during the regular season.

From their beginning, the boys' volleyball leaders have incorporated what was best for building their sport, while following examples on the girls' side. Individual and Team Academic awards are given out, and All-District and All-State players are named. MIVCA has collaborated closely with the organizers of the existing boys club league, offering sessions more specifically for coaches of the boys at our clinic and also elected a Boys Board Member this past winter (Aaron Wedge). Having volleyball played in the fall

and spring by both genders will continue to drive enthusiasm and support for the sport.

MIVCA President Jean LaClair said, "We are delighted that boys' volleyball is set to be introduced in high schools across Michigan. This development signifies a notable expansion in the availability of this sport on a statewide level, and we are proud to be a part of the movement. Boys will now have the opportunity to engage in a sport they are passionate about, which could also potentially benefit their college prospects, given the rising popularity of volleyball across various levels. We are thrilled that boys' volleyball will be officially recognized as an MHSAA sport starting in the spring of 2026."

A B O U T M I V C A

This Association is organized exclusively for education purposes: to promote high school interscholastic volleyball; to provide a forum of discussion of techniques and rules of volleyball; to improve the quality and quantity of media coverage high school volleyball; also to promote and develop volleyball at all levels in Michigan.



Follow us on Twitter @MHSOCA1

We are also now on Facebook!





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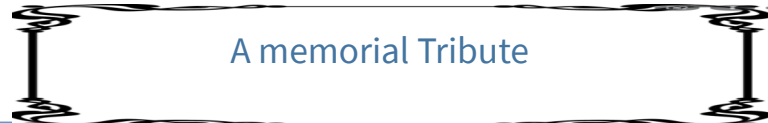
MHSTeCA: Tennis

MITCA: Track & Field &

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A memorial Tribute

The Michigan High School Coaches Association asks for your assistance so that we can share information about the lives of coaches who are no longer with us as a tribute in memoriam.

Please help us by forwarding as much of the following information as you are able to Jim Okler at MHSca1954@gmail.com.

1. The school/s at which they coached.
2. The sports coached. The years they coached.

The MHSCA will share, when possible, the information with our membership on a regular basis. We hope this memorial tribute will be a meaningful way to help us remember, grieve and celebrate the lives of those coaches lost from our ranks. Note: As this is a new initiative, frequency and manor of the memorial tribute may be subject to revision.

MHSCA COACHING RECOGNITION

The candidate must have distinguished himself/herself with good coaching ethics and promoted good sportsmanship throughout his/her coaching career.

*The AD or principal's signature confirms this.

Ten (10) years of coaching outside of Michigan may be applied to the application. Coaching at any level may be applied as long as it is a school sponsored interscholastic sport.

To receive a general coaching certificate the candidate must have been coaching at least one sport per year at any level for the requested number of years.

To receive specific certificates for a single sport the candidate must qualify for the specified number of years in that sport.

This can be at any level. You cannot however count more than one level or season for a sport in any one year.

For example, coaching both boys and girls basketball during the same school year counts as "1" year; coaching both 7th grade boys and

JV boys during the same school year counts as "1" year.

Up to three (3) years may be included for active duty military service which delayed or interrupted an applicant's coaching career.

Awards for 30 years and more (plaque) will have the sports that the candidate coached listed on the plaque.

The coach will be presented only one award for each level of service after 30 years.

For more information go to www.mhsca.org or contact Steve Porter at

E-mail to: coachporter51@gmail.com



Follow us on Twitter @MHSCA1

We are also now on Facebook!



Michigan High School Coaches Association



COACHING SERVICE AWARD

This certificate is presented to

for 10 Years of Coaching



Jim Okler
Executive Director, M.H.S.C.A.

Darrin Millar
President, Sport Association

Darrin Millar
President, M.H.S.C.A.

Michigan High School Sport Association
Coaches Clinic/Events
MIAAA: March 13-16, 2025 at Grand Traverse
Summer Workshop June 24-26 2024 at Mt. Pleasant
Baseball: January 10 & 11, 2025 at Soaring Eagle, Mt. Pleasant
BCAM-Basketball: October 1 & 2nd 2024 at Oakland University.
Bowling : October 2024 @ TBA
MITCA: Cross Country: 2024 November 8-9th Mt. Pleasant, Comfort
Competitive Cheer: October 2024
Football: January 9-11, 2025 at Lansing Center
Golf: February 2025, Clinic, East Lansing, August 2024, Clinic, COTY, HOF Banquet, Golf, Treetops Resort
Gymnastics : October 2024 TBA
Ice Hockey October, 2024 & once a month clinic on Sunday nights. See MIHCA Website
Men's Lacrosse: January 9-12 2025 TBA
Skiing: October, 2024 @ TBA
Softball: January 10 & 11, 2025 at Mt. Pleasant, Comfort Inn
Sports SAGES: March 2025 Boyne Mountain
Swimming: September 2023 Site: TBA
Tennis: January 2025 Site TBA
Track & Field: January 23, 24, & 25 2025 at Lansing, Crowne Plaza Lansing West
Volleyball: February 2025 at TBA
Wrestling: Nov. 2024 See MWA website
NHSACA Convention: North Dakota June 21-24., 2024



GENERAL LIABILITY INSURANCE PROGRAM

As a membership benefit, coverage is provided by the Commercial General Liability Policy issued to the National Organization of Coaches Association Directors. This policy will provide general liability coverage to the Michigan High School Coaches Association and its members.

CARRIER

HDI Global Specialty (A Rated)

POLICY PERIOD

August 1, 2021 – August 1, 2022

LIMITS OF INSURANCE

\$1,000,000	Each Occurrence
\$2,000,000	General Aggregate (per Member)
\$1,000,000	Products/Completed Operations
\$1,000,000	Personal & Advertising Injury
\$ 300,000	Fire Damage
\$ 50,000	Sexual Abuse (per Member)
Excluded	Medical Payments

COVERAGES

- ❖ Educator Professional Liability
- ❖ Participant Legal Liability for insured members
- ❖ Liability assumed under insured written contract
- ❖ Defense Cost outside limits

EXCLUSIONS

- ❖ The use of automobiles, buses, watercraft and aircraft
- ❖ Property of others in the care, custody, and control of the insured.
- ❖ This insurance does not apply to members that coach at an All-Star game that is not approved by your state coaches association.
- ❖ This insurance does not apply to any loss, cost or expense arising out of infectious or communicable disease.

CAMP INSURANCE

Today, most Coaches are involved in some type of sports camp. Please note that our General Liability Program follows insured members while working at camps and/or conducting their own personal camp.

In addition, Participant/Accident Coverage is required for coaches and/or participants. Should an accident occur during a camp, clinic or event, this secondary coverage helps offset the loss suffered by families affected by such accidents.

NEW PROCEDURE FOR CAMP INSURANCE

As a member benefit of your state coaches association, all members in good standing have a \$1,000,000 per occurrence General Liability policy limit that provides coverage for their coaching activities. In order to protect the General Liability policy from potential claims, the insurance company has mandated that all coaches must obtain signed waivers and provide Participant/Accident insurance for their participants.

In order to obtain a certificate of insurance showing proof of insurance or naming an additional insured, the following must be in place:

- ❖ **Waivers:** Signed waivers showing indemnification language
- ❖ **Participant/Accident Insurance:** You must have Participant/Accident coverage in place for all participants attending sports camps.

PURCHASE INSURANCE

- ❖ Camp Insurance Request form is available on our website: www.loomislapann.com

INSURANCE ADMINISTRATOR

LOOMIS & LAPANN, INC.

INSURANCE SINCE 1852

www.loomislapann.com
(P) 800-566-6479 | (F) 518-792-3426

Greg Joly
Lori George
Karen Boller

gjoly@loomislapann.com
lgeorge@loomislapann.com
kboller@loomislapann.com

Disclaimer: This is an insurance overview for summary purposes only; for complete policy terms and conditions please refer to the NOCAD Master Policy.

MHSCA Membership Benefits

- **Sport Association Voice:** The MHSCA provides member sport associations another vehicle of communication with the MHSAA. Each year the MHSCA makes a presentation to the MHSAA Representative Council representing issues of our association members.
- **Coaching Longevity Awards:** Beginning with 10 years of coaching and ascending every 5 years, coaches receive recognition for their years of coaching (10-25 years earn certificates, 30-45 years receive plaques, and at 50 years a coach will receive a special crystal recognition).
- **MHSCA Coach of the Year Recognition:** Each year one coach from your association is chosen by your association to be recognized at the MHSCA State Coach of the Year for your sport.
- **MHSCA Hall of Fame:** Each year up to 15 coaches from the state are selected for induction into the MHSCA Hall of Fame. The Hall is an actual physical entity that is located on the campus of Central Michigan University within the Student Activity Center at the entrance of the old Rose Arena. In addition to meeting the established criteria the individual's sport association must be a member association within the MHSCA.
- **MHSCA Jack Johnson Distinguished Service Award:** One person per year (teacher, coach, administrator, other) nominated by a member sport association will be honored at the September Hall of Fame banquet for outstanding service to high school sports in Michigan.
- **NOCAD Insurance:** As a membership benefit, coverage is provided by the Commercial General Liability Policy issued to the National Organization of Coaches Association Directors (NOCAD). This policy provides \$1,000,000 (\$2,000,000 aggregate) per member liability coverage to only members of the Michigan High School Coaches Association that pay for the additional coverage through MHSCA member sport associations. ** New members taking the NOCAD insurance liability coverage are covered on the first date that they pay their membership dues to their sport association through August 1. Members whose sport association paid their for their insurance coverage the previous year are covered August 1—August 1 if they become members of their sport association and their sport association pays their insurance premium. For \$6.00 per coach per year this coverage is hard to match. Members find more detailed information on the mhscanet.org website in the "Coaches Corner" drop down link titled "Insurance."
- **Rich Tompkins Multi-Sport Award:** This award recognizes athletes that have participated in at least 3 MHSAA sports per year for the 4 years of high school. All nominees receive a high quality certificate. One boy and one girl from each of the four classes of schools (A, B, C, D) will receive a plaque and a scholarship (if eligible) as the MHSCA Rich Tompkins State Multi-Sport Athlete of the Year.
- **Gatorade Supplies:** Member sport associations receive Gatorade give-away supplies to use at their clinics or all-star games.
- **National Federation of High Schools Coach of the Year Recognition:** Each year one coach from your association is nominated by your sport association through the MHSCA to be considered for state and national level recognition.
- As a member of the MHSCA you also receive membership into the National High School Athletic Coaches Association (NHSACA) with membership benefits available.
- **NHSACA Coach of the Year Recognition:** Each year one coach from your sport association can be nominated through the MHSCA for consideration for regional and national recognitions.
- **NHSACA Hall of Fame:** The MHSCA is allowed to select two coaches each year for induction into the National High School Athletic Coaches Association Hall of Fame.
- **NHSACA Kathy Holloway Women in Sports Leadership Award:** Presented annually to a female that has promoted female athletics by coaching, serving, supporting, and/or leading high school athletic programs. The nomination process runs through the MHSCA.
- **NHSACA Distinguished Service Award:** The MHSCA has the opportunity to have one of their members receive this award every 4th year.



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May Newsletter from the



Yeah!!!, school is just about out for the summer and the National High School Athletic Association annual convention is only about 5 weeks away. This summer's convention is expected to be an awesome event. However, the cost of travel seems to be keeping some of our recipients from bringing as many guests as they normally do. This is disappointing because these guests do help our bottom line. We have also noticed that some people on our board have delayed their registration. We encourage you not to hesitate so that we are better able to prepare for the convention.

Along with our Coach of the Year and Hall of Fame Awards, we will be presenting our usual awards of honor, the Carey E. McDonald, Kathy Holloway, and Dwight T. Keith awards. The Carey E. McDonald National Citation will be awarded to: Ted Schroeder: He is a longtime leader in the NHSACA who has gone over and above in his commitment to our association. He has also been a longtime leader in the Wyoming Coaches Association. Darin Boysen: He has been the State Executive Director Representative on the NHSACA executive committee for many years and was instrumental with the executive committee's efforts to bring the NHSACA out of crippling debt. He is currently the Executive Director of the Nebraska Coaches Association, a position he has held for some time now. He also organized two exceptional NCA/NHSACA Conventions. Julson Accounting: They have been the NHSACA accounting firm responsible for identifying COVID programs that resulted in the NHSACA receiving \$35,000.00 in COVID relief monies. They have provided accounting and payroll services to the NHSACA at a reduced rate for 10 years. The Kathy Holloway: Women of Inspiration award recipients are Jean Berger from Iowa, Jean LaClair from Michigan, and Fern Spencer from New Mexico. These women are definitely deserving of the honor, and you will enjoy hearing their biographies during the convention. Dave and Danell Dougherty will be receiving the Dwight T. Keith Award. They have served in the Executive Director position since 2013 making them one of the longer incumbents in the position. Please enjoy an early look at their program script. The Dwight T. Keith Award is the highest award that the National High School Athletic

The Coaches Association bestows on an individual. It is given to recognize and honor a person who has made an outstanding contribution to high school interscholastic athletics and the coaching profession. This year, for the first time in the NHSACA's history, the Dwight T. Keith Award will be presented to two individuals who worked tirelessly for the association's mission to educate, recognize, and support coaches nationally. Dave and Danell Dougherty. Dave and Danell are the 46th recipients of this prestigious award and they are being honored together because they were always a team. The Executive Committee offered Dave the position of Executive Director of the NHSACA to begin in July 2013. Dave was hesitant to take the position because coaching consumed much of the time he normally would have spent with his family, and he didn't want to lose more family time. However, Danell encouraged him to take the position because she would work with him, allowing them more time together. Danell supported Dave in all aspects of his duties while bringing excellence, service, and kindness to the NHSACA. With her expertise, she focused on finances so that they were able to eliminate accounting contracts and save our association thousands of dollars. She also headed up all aspects of registration and programs, while working with backdrops and the slide shows.

Dave handled all the typical duties of an Executive Director with the professionalism that earned him great respect both among his peers and his associates. He created the slide shows for the COTY Awards Banquets and instituted family and guest seating alongside the HOF inductees and the COTY finalists at the banquets. Dave established online registration, updated our trademark, and created numerous partnerships for our association.

Together they also designed and produced the COTY and HOF Awards Banquet Programs along with all the other printed materials. They utilized a new printing company which saved NHSACA over \$3,000 a year. As a team, they were able to reduce the costs of the Executive Director by decreasing the payroll \$10,000, reducing the cost of travel and office expenses, and by filing a 501c3 application with the IRS to gain non-profit status. All their efforts put the NHSACA in a strong financial position within five years of their leadership. Danell continued to work diligently for our association even after being diagnosed with stage 4 Glioblastoma Brain Cancer on June 14, 2021, and undergoing surgery the next day. Dave and Danell still managed to complete all the preconvention responsibilities for the convention that summer and then returned for the 2022 convention in Des Moines. Sadly, Danell entered hospice in October and passed away on December 13, 2022. Danell made Dave promise to carry on their work for two more years. This convention marks the end of his promise to Danell as he will be retiring at the end of the fiscal year. We have been blessed with their leadership and friendship. Thank you! The executive committee and I are very excited for the comradery of your friendship and the opportunity to glean from your experience, wisdom, and gifts in order to continue to improve and grow our association. We are all well aware of your selfless hard work and dedication to the coaches of our country. See you soon!



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Larry Merx

Service Award

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Constitution

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Understanding & Appreciating Interdependence & Mental Health

Ron Landfair &

Debbie Williams- Hoak

Member Associations

MIAAA: Athletic Directors

MHSBCA: Baseball

BCAM: Basketball

MHSIBCA: Bowling

CCCAM: Competitive Cheer

MHSFCA: Football

MIGCA: Golf

MHSGCJA: Gymnastics

MHSHCA-Ice Hockey

MHSLCA: Men's Lacrosse

MHSSCA: Skiing

MHSSCA: Softball

MISCA: Swimming & Diving

MHSTeCA: Tennis

MITCA: Track & Field &

Cross Country

MIVCA: Volleyball

MWA: Wrestling



be nice.
mental health foundation of west michigan

what does it mean to be nice.?
notice what is right or different
invite yourself to start a conversation
challenge the stigma
empower yourself and others with knowledge



Contact the Mental Health Foundation of West Michigan

[160 68th St. SW Suite 120 Grand Rapids, MI 49548](http://160.68th.St.SW.Suite.120.Grand.Rapids.MI.49548)
info@benice.org | 616.389.8601

physical

- Lack of hygiene, personal appearance
- Fatigue, lack of energy
- Overeating or loss of appetite
- Weight loss or gain
- Headaches
- Unexplained aches or pains

Below are signs and symptoms of a mental illness like depression or anxiety. A change in someone's behavior, physical appearance, or psyche lasting two weeks or longer could be a developing mental health concern.

behavioral

- Quitting favorite sport/hobby
- Avoiding social interaction
- Sudden/unlikely drug or alcohol use
- Cry frequently for no reason
- Neglect responsibilities, loss of motivation
- Can't sleep or sleep constantly

psychological

- Acting out, aggressive, quick to anger
- Heightened sadness, guilt, indecisiveness
- Lack of emotional responsiveness
- Frequent self-criticism
- Hopelessness, loneliness
- Thoughts of death or suicide



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MHSSCA: Softball

MISCA: Swimming & Diving

MHSTeCA: Tennis

MITCA: Track & Field &

Cross Country

MIVCA: Volleyball

MWA: Wrestling

Dear Coach, here are some spring discounted opportunities for business or pleasure, you can use as a member of MHSCA for your joint membership with the National High School Athletic Coaches Association. Enjoy discounts, just enroll to receive free perks like: National High School Athletic Coaches Association Savings and Solutions Program
Phone 1-800-MEMBERS (800-636-2377) M - F 8 a.m. - 5 p.m. ET
Email: enroll@1800members.com

Ready for an adventure?

Save on a Spacious SUV for Your Next Trip

Dear MHSCA Members

If you're thinking of traveling with your family or a large group, use your MHSCA membership to get a great deal on an SUV rental through Budget. Whether it's a weekday or the weekend, members enjoy the same rates for our special SUV promotion.

Rates start as low as \$69 per day. Simply use your MHSCA Budget Car Rental Savings Program to book now. Here are a few details:

Offer is available through June 12, 2024.

Vehicles included range from midsize SUVs (group F) to full-size pickup trucks (group XW).

Promotion can be applied to weekend and weekly rates.*

CTA: Book now using offer code R584751 and coupon MUWZ055.

Button: Book with Budget

Link to: <https://www.budget.com/en/bridge/assoc/offers/low-rates-suvs?BCD=R5847051>

Professional Association: "Spring" into peace of mind with the financial security provided by long-term care insurance [LTCi]. LTCi is a vital part of one's financial plan that fills a gap left by traditional health and disability insurance plans. Planning for one's own extended care need with LTCi is often overlooked. Did you know that LTCi premium may have tax advantages for business owners and that you can use HSA dollars to pay for LTCi premiums? Learn more about the benefits of our exclusive membership program today. lfcf.biz/nhsaca/employees

Katharine Ziegler (she/her)
Marketing Account Manager



D 571.282.2472
O 800-636-2377
Katharine_Ziegler@ajg.com
[You can upload files here.](#)





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 <h2 style="margin: 0;">MHSCA.ORG</h2> <h3 style="margin: 0;">MICHIGAN HIGH SCHOOL COACHES ASSOCIATION</h3>	<p style="font-size: small; margin: 0;">SEND TO: Hall of Fame Chair—Mark F. Holdren 854 Marshall Street, Portland, MI 48875 OR E-MAIL TO: mholdren.11@gmail.com</p>
<h1 style="margin: 0;">HALL OF FAME APPLICATION</h1>	<p style="font-size: x-small; margin: 0;">OFFICE USE ONLY</p> <p style="font-size: x-small; margin: 0;">APPLICATION: _____</p> <p style="font-size: x-small; margin: 0;">SUPPORT LETTERS: _____</p> <p style="font-size: x-small; margin: 0;">Gender: _____</p>
<p style="font-size: x-small; margin: 0;">Criteria for MHSCA Hall of Fame Application: Only persons who have coached and/or directed a secondary school athletics (6-12) program for 20 years or more <u>and</u> actively coached in the state of Michigan for a minimum of 10 years are eligible for the MHSCA Hall of Fame. The applicant must have been a member in "good standing" in their sport's association prior to application. In addition, preference will be given to individuals who have met the previous criteria and have been inducted into their own sport association's Hall of Fame.</p> <p style="text-align: center; font-weight: bold; margin: 10px 0 0 0;">Applications must have two letters of support in order to complete the application process.</p>	
<p style="font-size: x-small; margin: 0;"><u>NOMINEE CONTACT INFORMATION:</u> Date of Birth: ____ / ____ / ____</p> <p style="font-size: x-small; margin: 0;">Name of Nominee: _____ Phone: _____</p> <p style="font-size: x-small; margin: 0;">Home Address: _____ City: _____ State: _____ Zip: _____</p> <p style="font-size: x-small; margin: 0;">Nominee E-mail: (please print carefully) _____</p>	
<p style="font-size: x-small; margin: 0;"><u>NOMINATOR'S CONTACT INFORMATION:</u> The nominator is critical in working with and encouraging the nominee to complete all sections of the application, as well as, arranging for two letters of support to be sent to the Hall of Fame Chair.</p> <p style="font-size: x-small; margin: 0;">Name of Nominator: _____ Phone: _____</p> <p style="font-size: x-small; margin: 0;">Home Address: _____ City: _____ State: _____ Zip: _____</p> <p style="font-size: x-small; margin: 0;">Nominee E-mail: (please print carefully) _____</p>	
<p style="font-size: x-small; margin: 0;"><u>CONTACT INFORMATION FOR SCHOOL MOST AFFILIATED:</u></p> <p style="font-size: x-small; margin: 0;">School _____ Year's at School: _____</p> <p style="font-size: x-small; margin: 0;">Address _____ City _____ State _____ Zip _____</p> <p style="font-size: x-small; margin: 0;">Current Athletic Director Name: _____ Phone: _____</p> <p style="font-size: x-small; margin: 0;">Athletic Director E-Mail Address _____</p> <p style="text-align: center; font-size: x-small; margin: 5px 0 0 0;">*****ONLY LIST A SECOND SCHOOL IF THERE IS AN EQUAL AFFILIATION*****</p> <p style="font-size: x-small; margin: 0;">School _____ Year's at School: _____</p> <p style="font-size: x-small; margin: 0;">Address _____ City _____ State _____ Zip _____</p> <p style="font-size: x-small; margin: 0;">Current Athletic Director Name: _____ Phone: _____</p> <p style="font-size: x-small; margin: 0;">Athletic Director E-Mail Address _____</p>	
<p style="font-weight: bold; margin: 0;">PLEASE COMPLETE THE BACKSIDE OF THIS PAGE</p>	



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Page 2 of 3

COACHING LONGEVITY: Please provide all information for all sports coached during your career. Do not use abbreviations.

Years Coached (e.g.: 1995-2000)	Sport Coached (e.g.: Boys Basketball)	Level (e.g.: Junior Varsity)	# of Seasons (e.g.: 8)

COACH OF THE YEAR RECOGNITIONS: Please provide all information for all sports coached during your career. Do not use abbreviations.

COACH OF THE YEAR	Name of the Recognition-Sport (Lansing State Journal Dream Team-Softball)	Times (e.g.: 3x)	Years (e.g.: 1997, 1999, 2001)
Area / Newspaper / County / All Star			
League			
District / Regional			
State			
National			
Other			

TEAM RECOGNITIONS: Please provide all information for all sports coached during your career. Do not use abbreviations.

	Name and Sport (Michigan Wrestling Association—Regional Coach of the Year)	Times (e.g.: 3x)	Years (e.g.: 1997, 1999, 2001)
League [Conference] Championships			
District Titles			
Regional Titles			
State Finishes			
Other (e.g.: MHSAA Sportsmanship Award)			
Career Varsity Record	Sport: _____	Win: _____	Loss: _____ Tie: _____
	Sport: _____	Win: _____	Loss: _____ Tie: _____

PLEASE COMPLETE THE NEXT PAGE



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INDIVIDUAL ATHLETES COACHED: Please provide all information for all sports coached during your career. Do not use abbreviations.

Information—cumulative totals of each category	
All State Individual (medalists only)	
Individual State Champions	
Elite Athletes Coached (e.g.: Mr. Wrestler, Detroit Free Press All-State, All American)	
All State Individuals (coaches selections)	
Other:	

SPORT LEADERSHIP ROLES AND CONTRIBUTIONS: Please provide all information for all sports coached during your career. Do not use abbreviations.

Name of the Leadership Role or Contribution (e.g.: Lansing State Journal Dream Team)	Times (e.g.: 3x)	Years (e.g.: 1997, 1999, 2001)
Area/League Officer		
Sport Association Board Member		
MHSAA Committees		
National Committees		
Sport Association Clinic Presenter		
Other		

COACHING HALL OF FAME RECOGNITIONS: Please provide all information for all sports coached during your career. Do not use abbreviations.

Name of Hall of Fame and Sport (Use complete name of recognition—no abbreviations)	Year (e.g.: 1997)
Area / School / Booster Club / Other Hall of Fame	
State Sport Association Hall of Fame	
National Sport Association Hall of Fame	

My signature acknowledges that the information provided on this application is true and accurately reflects my coaching career.

_____ signature

THANK YOU FOR COMPLETING THE HALL OF FAME APPLICATION



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MICHIGAN HIGH SCHOOL COACHES ASSOCIATION/GATORADE
10/15/20/25/30/35/40/45/50 YEAR COACHING SERVICE AWARD
GENERAL REQUIREMENTS

- The candidate must have distinguished himself/herself with good coaching ethics and promoted good sportsmanship throughout his/her coaching career. *The AD or principal's signature confirms this.
- Ten (10) years of coaching outside of the state of Michigan may be applied to the application.
- Coaching at any level may be applied if it is a school sponsored interscholastic sport. A maximum of ten (10) years may be allowed for coaching at the collegiate level.
- To receive a general coaching certificate the candidate must have been coaching at least one sport per year at any level for the requested number of years.
- To receive specific certificates for a single sport the candidate must qualify for the specified number of years in that sport.

This can be at any level. You cannot however count more than one level or season for a sport in any one year.

For example, coaching both boys' and girls' basketball during the same school year counts as "1" year; coaching both 7th grade boys and JV boys during the same school year counts as "1" year.

Awards for 30 years and more will have the sports that the candidate coached listed on the plaque. The coach will be presented only one award for each level of service after 30 years.

PROCEDURE FOR RECEIVING AWARD

- Complete the application forms (2) and mail to: Steve Porter, Years of Service Awards
 - 1250 Mooreville Rd. Milan, Mi. 48160, or E-mail to: coachporter51@gmail.com
 - Certificates will be sent to your home address. Please allow four (4) weeks for processing.
- Plaques will be mailed to your home address. Please allow six (6) weeks for processing

MHSCA APPLICATION FOR YEARS COACHING SERVICE AWARD

___ 15 Years ___ 20 Years ___ 25 Years ___ 30 Years ___ 35 Years ___ 40 Years ___ 45 Years ___ 50 Years

Name (as it is to appear on award) _____

Best Phone _____ Email Address: _____

Home Address _____

Home City _____ Home State _____ Home Zip _____

Michigan High School Sports Association: _____ (MITCA, BCAM, etc.)

Signature of Coach _____

Signature of AD or Principal * _____ Phone Number: _____

Printed Name of Administrator: _____ Email: _____

Send Completed form to: Steve Porter, Years of Service Awards 1250 Mooreville Rd. Milan, Mi. 48160

The MHSCA Coaching Service Award is sponsored by GATORADE in cooperation with MHSCA



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MISCA: Swimming & Diving
MHSTeCA: Tennis
MITCA: Track & Field & Cross Country
MIVCA: Volleyball
MWA: Wrestling

NAME: _____						
COACHING SERVICE AWARD WORKSHEET						
School	Year	School	Sport	Year	School	Sport
	(Example)	(Example)	(Example)	(Example)	(Example)	(Example)
1	1990-91	MCHS	FB, BBSK, BSB	4	1993-94	MACOMB CC BBSK
2	1991-92	USAF	Active Duty	5	1994-95	TOLEDO ST. JOHN BBSK
3	1992-93	MACOMB CC	BBSK	6	1995-96	MCHS BBSK
	1960-61				2000-2001	
	1961-62				2001-2002	
	1962-63				2002-2003	
	1963-64				2003-2004	
	1964-65				2004-2005	
	1965-66				2005-2006	
	1966-67				2006-2007	
	1967-68				2007-2008	
	1968-69				2008-2009	
	1969-70				2009-2010	
	1970-71				2010-2011	
	1971-72				2011-2012	
	1972-73				2012-2013	
	1973-74				2013-2014	
	1974-75				2014-2015	
	1975-76				2015-2016	
	1976-77				2016-2017	
	1977-78				2017-2018	
	1978-79				2018-2019	
	1979-80				2019-2020	
	1980-81					
	1981-82					
	1982-83					
	1983-84					
	1984-85					
	1985-86					
	1986-87					
	1987-88					
	1988-89					
	1989-90					
	1990-91					
	1991-92					
	1992-93					
	1993-94					
	1994-95					
	1995-96					
	1996-97					
	1997-98					
	1998-99					
	1999-2000					

SPORT CODE

BSB, BBSK, GBSK, BBWL, GBWL, CHR, BCC, GCC
 FB, BGLF, GGLF, GYM, HCK, BLAX, GLAX, BSKI, GSKI,
 BSCR, GSCR, SFB, BSWM, GSWM, BTEN, GTEN,
 BTRK, GTRK, VB, WR

SCHOOL or SERVICE CODE

(Example)

MCHS	Mt. Clemens HS
USAF	US Air Force



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Michigan High School Coaches Association Distinguished Service Award is one of our highest awards for service and contributions to sports in the state of Michigan.

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Past President
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The MHSCA Distinguished Service Award:

MHSCA recognizes individuals and organizations that have provided extraordinary service to educational athletics, the including the advancement student athletes, coaches, or those who serve interscholastic athletics through its Distinguished Service Awards.

The Distinguished Service Award (DSA) is given to a person (or persons), either volunteer or staff, who have exhibited valuable professional service (within the MHSCA or among its association membership) including academical-ly, supportive, service, assistance at any level of interscholastic athletics. These criteria are good measures of acceptable candidates and help to assure that recipients have a wide range of "service" that they provide to the profession of interscholastic athletics. Nominations should be submitted on an individual basis, not by a group or on behalf of constituent groups (conferences, affiliates, assemblies, committees, etc.).

The MHSCA Distinguished Service Award does not need to be awarded each year. This award should be bestowed only when the MHSCA Board of Directors committee decides that nominations warrant presentation of the award. This award may be given posthumously.

Why nominate a deserving candidate for the MHSCA Distinguished Service Awards:

- To recognize a person who has positively impacted interscholastic athletics in a significant way.
- To recognize institutions for their affiliation with individuals who demonstrate the highest level of professionalism and commitment to interscholastic athletics.
- To confirm and honor a superior servant by his/her peers and colleagues.
- To celebrate individuals who epitomize the profession's highest standards for interscholastic sports.
- To focus attention on the exemplary, and by doing so to elevate the profession overall and establish a high standard of excellence in promoting, supporting or contributing to interscholastic athletics.

Required information for completed application:

- Member Associations
- MIAAA: Athletic Directors
 - MHSBCA: Baseball
 - BCAM: Basketball
 - MHSIBCA: Bowling
 - CCCAM: Competitive Cheer
 - MHSFCA: Football
 - MIGCA: Golf
 - MHSGCJA: Gymnastics
 - MHSHCA-Ice Hockey
 - MHSLCA: Men's Lacrosse
 - MHSSCA: Skiing
 - MHSSCA: Softball
 - MISCA: Swimming & Diving
 - MHSTeCA: Tennis
 - MITCA: Track & Field & Cross Country
 - MIVCA: Volleyball
 - MWA: Wrestling

Name of MHSCA Distinguished Service Award Nominee:

School or Sport Affiliation:

Email:

Mobile Phone

Nominated by:

Email:

Mobile Phone:

I believe this nominee is worthy of receiving this award for the following reasons: (attach separate)

Completed application can be submitted to MHSca1954@gmail.com

Sponsorship Opportunities

Active Link on the MHSCA Website: (July 1-June 30) \$1,000.00

- Your company's web page linked to the MHSCA website's homepage
- Name of company, logo and short description of products/services

Full page ads in MHSCA Hall of Fame or Coach of the Year Awards booklets:

- Newsletter Booklet (10 times a year) \$250.00
- Newsletter Booklet and Coach of the Year Awards Program or Hall of Fame Induction Ceremony Program Booklet \$400.00
- Newsletter Booklet, Coach of the Year Awards Program and Hall of Fame Induction Ceremony Program Booklet \$500.00

MHSCA Board of Directors meetings or Hall of Fame or Coach of the Year table display or registrants' packet stuffer: \$100.00/page

- Your company's product/service information document (8.5"x11"), provided by the sponsor included in each registrant's packet

Sponsor a Hall of Fall or Coach of the Year inductee:

- 1 Sport \$100.00
- 2 Sports \$ 500.00
- 3 Sports \$ 1000.00
- 4 Sports \$ 2500.00
(Buy 3, get 1 Free)
- All 15 Sports \$ 10,000.00 (\$ 4,000.00 savings)
- Presentation of the Hall of Fame or Coach of the Year Award at the banquet
- Two (8) Complimentary tickets to the Awards Banquet

- Sponsor banner (2'x4') hung on wall in Banquet Room during Awards Banquet

- Recognition/Advertising in Coach of the Year Awards Program

- Complimentary exhibit booth during the awards day banquets

- Active link on MHSCA website

Sponsor a MHSCA Service Awards Station: \$300.00

- Company signage promoting your company as the sponsor of this award at HOF & COTY banquets.
- Presentation of the Service Award at the Coach of the Year Awards banquet
- Placement of your company's Logo on award certificates and plaques.
- Recognition ad in the MHSCA Hall of Fame & Coach of the Year Program Booklet
- Placement of your company's marketing materials on table in serving area
- Complimentary exhibit booth during the awards day banquets
- Active link on MHSCA website.

Sponsor a Hospitality Station (assessable to all registrants and guests): \$300.00

- Company signage promoting your company as the sponsor of this event
- Recognition ad in MHSCA Hall of Fame & Coach of the Year Program Booklet
- Placement of your company's marketing materials on table in serving area

MHSCA Contact Information:

Mark Holdren, Executive Secretary
845 Marshall St.
Portland, MI 48875

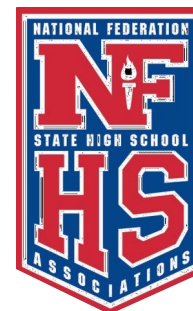
Phone: 517.526.4575

The MHSCA Board of Directors Meetings & Events

- Board of Directors Fall Board Meeting September 17, 2023
- Hall of Fame Banquet September 17, 2023 @ CMU Board of Directors Winter Board Meeting & COTY Banquet November 12, 2023 @ Lansing Area
- MHSCA Hall of Fame Committee Meeting, February 5, 2023 @ conducted **in person & virtual**— East Lansing HS
- MHSCA Finance Committee meeting, March 3, 2024 @ conducted **virtual**
- Board of Directors Spring Board Meeting March 03, 2024 conducted **virtual**



MHSCA Sponsors



Executive Director

James M. Okler, CMAA
MHSCA1954@gmail.com